



13-972 Hamilton Road
 Fairmont Plaza
 London, ON
 (519) 455-8301

Steak And Vegetable Pie

All product is unbaked and frozen, Unless previously negotiated.

Steak and Vegetable Pies 5" Deep 12/ Cs

Steak and Vegetable Pies 8" Deep 4/ Cs

Ingredients: Lean stew beef, broccoli, cauliflower, carrots, water, pastry flour, onion, vegetable shortening, eggs, vinegar, soya margarine, spices, salt, (soup base: hydrogenated plant protein, dextrose, monosodium glutamate, glucose solids, wheat flour, corn starch, yeast extracts, caramel, flavour, silicone dioxide), (vegetable shortening: hydrogenated vegetable oil, may contain palm oil and/or modified or hydrogenated palm oil, BHA, BHT, citric acid), (pie shell 5" enriched flour, wheat starch, sodium bicarbonate, l-cysteine, calcium phosphate, tricalcium phosphate, sodium bisulfite.)

U.P.C. #627843018841, Net weight 250 g.

Baking Instructions: Remove from freezer, thaw in refrigerator overnight. Preheat oven to 350° F, Brush with beaten egg, bake 40 min, cool and wrap.

Nutrition Facts	
Valeur nutritive	
Serving Size 125g	
2 Serving Per	
Amount	% Daily Value
Teneur	% valeur quotidienne
Calories / Calories 420	
Fat / Lipides 25.0 g	39 %
Saturated / saturés 6.0 g	29 %
+ Trans / trans 0.0 g	
Cholesterol / Cholestérol 35 mg	
Sodium / Sodium 240 mg	10 %
Carbohydrate / Glucides 33 g	11 %
Fibre / Fibres 1 g	3 %
Sugars / Sucres 1 g	
Protein / Protéines 16.0 g	
Vitamin A / Vitamine A	15 %
Vitamin C / Vitamine C	0 %
Calcium / Calcium	2 %
Iron / Fer	20 %